

Tryout/Practice Schedule HS Level sports 8/19-8/26

Remember to bring water to tryouts/practice

	8/19 Saturday	8/21 Monday	8/22 Tuesday	8/23 Wednesday	8/24 Thursday	8/25 Friday	8/26 Saturday
Football JV/Varsity	9:00-12:00pm Practice Football Field	8:30-11:30am 1:00-2:30pm Practice Football Field	8:30-11:30am 1:00-2:30pm Practice Football Field	8:30-11:30am 1:00-2:30pm Practice Football Field	8:30-11:30am 1:00-2:30pm Practice Football Field	8:30-11:30am 1:00-2:30pm Practice Football Field	1:00-3:00pm Practice Football Field
Modified 7 th & 8th	Equipment Pick Up 1:00-3:00pm Stadium Field				8:00-10:00am Practice Football Field	8:00-10:00am Practice Football Field	1:00-3:00pm Practice Football Field
Boys Soccer JV/Varsity <i>Bring running shoes or sneakers</i>		Tryouts 8:00-10:30am 11:15-1:15pm High School back fields	Tryouts 8:00-10:30am 11:15-1:15pm High School back fields	Tryouts 8:00-10:30am 11:15-1:15pm High School back fields	Tryouts 8:00-10:30am 11:15-1:15pm High School back fields	Tryouts 8:00-10:30am 11:15-1:15pm High School back fields	Tryouts 8:00-11:00am High School back fields
Modified 9		Starts on 8/28					
Modified		Starts on 8/28					
Girls Soccer Varsity/JV <i>Bring running shoes or sneakers</i>		Tryouts 8:00-10am 12:00-1:30pm Field 6	Tryouts 8:00-10am 12:00-1:30pm High School back fields	Tryouts 8:00-10am 12:00-1:30pm High School back fields	Tryouts 8:00-10am 12:00-1:30pm High School back fields	Tryouts 8:00-10am 12:00-1:30pm High School back fields	8:00-11:00am High School back fields
Modified 9		Starts on 8/28					
Modified		Starts on 8/28					
Volleyball JV/Varsity Freshman		Tryouts 8:00-10:00am HS Gym	Tryouts 8:00-10:00am HS Gym	Tryouts 8:00-10:00am HS Gym	JV/V 8:00-10:00am HS Gym Freshman 8:00-10:00am MS Gym	JV/V 8:00-10:00am HS Gym Freshman 8:00-10:00am MS Gym	
Modified		Starts on 8/28					
Cross Country Varsity		8:00-10:00am HS Track	8:00-10:00am Luther Forest	8:00-10:00am Luther Forest	8:00-10:00am Luther Forest	8:00-10:00am Luther Forest	
Modified		Starts on 9/5					
Tennis JV/Varsity		Tryouts 7:00-9:00am Tennis Court	Tryouts 7:00-9:00am Tennis Court	Tryouts 7:00-9:00am Tennis Court	Tryouts 7:00-9:00am Tennis Court	Tryouts 7:00-9:00am Tennis Court	
Swim/Dive Varsity		8:00-11:00am pool	8:00-11:00am pool	8:00-11:00am pool	8:00-11:00am pool	8:00-11:00am pool	8:00-11:00am pool
Cheer JV/Varsity		Tryouts 9:00-12:00pm HS Cafe	Tryouts 9:00-12:00pm HS Cafe	Tryouts 9:00-12:00pm HS Cafe	3:30-5:00pm HS Cafe		
Golf JV/Varsity		Tryouts - Monday 8/21 - 7:00am & Tuesday 8/22* – 8:00am Ballston Spa Country Club . Wednesday 8/23 - Varsity at Ballston Spa Country Club 4:00pm JV – Pioneer Hills time 8:00am Please arrive 30 minutes early for warm ups *Times are subject to change					