## Tryout/Practice Schedule HS Level sports 8/19-8/26

## Remember to bring water to tryouts/practice

	0/10	0/21	0/22	0/22	0/24	0/25	0/26
	8/19 Saturday	8/21 Monday	8/22 Tuesday	8/23 Wednesday	8/24 Thursday	8/25 Friday	8/26 Saturday
	Saturday	ivionuay	Tuesday	weunesday	Thursday	Tiluay	Saturday
Football	9:00-	8:30-11:30am	8:30-11:30am	8:30-11:30am	8:30-11:30am	8:30-11:30am	1:00-3:00pm
JV/Varsity	12:00pm	1:00-2:30pm	1:00-2:30pm	1:00-2:30pm	1:00-2:30pm	1:00-2:30pm	Practice
	Practice	Practice	Practice	Practice	Practice	Practice	Football
	Football	Football Field	Football Field	Football Field	Football Field	Football Field	Field
	Field						
Modified	Equipment						
7 <sup>th</sup> & 8th	Pick Up				8:00-10:00am	8:00-10:00am	1:00-3:00pm
	1:00- 3:00pm				Practice	Practice	<b>Practice</b>
	Stadium				Football Field	Football Field	Football Field
	Field						
Boys		Tryouts	Tryouts	Tryouts	Tryouts	Tryouts	Tryouts
Soccer JV/Varsity		8:00-10:30am 11:15-1:15pm	8:00-10:30am 11:15-1:15pm	8:00-10:30am 11:15-1:15pm	8:00-10:30am 11:15-1:15pm	8:00-10:30am 11:15-1:15pm	8:00- 11:00am
Bring		High School	High School	High School	High School	High School	High School
running		back fields	back fields	back fields	back fields	back fields	back fields
shoes or		Duck Herus	back fields	back ricias	Duck Helds	Dack Heras	Suck ricius
sneakers							
Modified		Starts on 8/28					
9							
Modified		Starts on 8/28					
Girls		Tryouts	Tryouts	Tryouts	Tryouts	Tryouts	8:00-
Soccer		8:00-10am	8:00-10am	8:00-10am	8:00-10am	8:00-10am	11:00am
Varsity/JV		12:00-1:30pm	12:00-1:30pm	12:00-1:30pm	12:00-1:30pm	12:00-1:30pm	High School
Bring		<mark>Field 6</mark>	High School	High School	High School	High School	back fields
running			back fields	back fields	back fields	back fields	
shoes or							
sneakers							
Modified		Starts on 8/28					
9							
Modified		Starts on 8/28					
Volleyball		Tryouts	Tryouts	Tryouts	JV/V	JV/V	
JV/Varsity		8:00-10:00am	8:00-10:00am	8:00-10:00am	8:00-10:00am	8:00-10:00am	
Freshman		HS Gym	HS Gym	HS Gym	HS Gym	HS Gym	
					Freshman	Freshman	
					8:00-10:00am	8:00-10:00am	
					MS Gym	MS Gym	
Modified		Starts on 8/28					
Cross		8:00-10:00am	0,00 10,00	0.00 10.00	9.00 10.00	9,00 10,00	<u> </u>
Cross Country		8:00-10:00am HS Track	8:00-10:00am Luther Forest	8:00-10:00am Luther Forest	8:00-10:00am Luther Forest	8:00-10:00am Luther Forest	
Varsity		пзтаск	Lutilei Folest	Lutilei Forest	Lutilei Folest	Lutilei Folest	
Modified		Starts on 9/5					
Tennis		Tryouts	Tryouts	Tryouts	Tryouts	Tryouts	
JV/Varsity		7:00-9:00am	7:00-9:00am	7:00-9:00am	7:00-9:00am	7:00-9:00am	
		Tennis Court	Tennis Court	Tennis Court	Tennis Court	Tennis Court	
Swim/Dive	<u> </u>	8:00-11:00am	8:00-11:00am	8:00-11:00am	8:00-11:00am	8:00-11:00am	8:00-
Varsity		pool	pool	pool	pool	pool	11:00am
Cheer		Tryouts	Tryouts	Tryouts	3:30-5:00pm		pool
JV/Varsity		9:00-12:00pm	9:00-12:00pm	9:00-12:00pm	HS Cafe		
<i>1</i>		HS Cafe	HS Cafe	HS Cafe			
Golf		Tryc	outs - Monday 8/2	11 - 7:00am & <mark>Tuesda</mark>	y <mark>8/22</mark> * <mark>– 8:00am</mark> Bal	lston Spa Country Cl	ub .
JV/Varsity		Wednesday 8/23 - Varsity at Ballston Spa Country Club 4:00pm					
					Iills time <mark>8:00am</mark>		
					utes early for warm u	ps	
		*Times are subject to change					